

Northeast Missouri Rural Health Network and  
Northeast Missouri Area Health Education Center

Present

**Person-Centered Dementia Care and  
Managing Challenging Behaviors in Long Term Care:  
Restraint-Free Approaches to Dementia Care**

**Tuesday, September 29, 2009**

**9:00—2:00 Registration from 8:30—9:00**

**Kirksville Annex Building  
300 N. Franklin, Kirksville**

*There is no fee for this program.*

**MEET THE SPEAKERS**

**Cheryl Parsons, RN, LHNA**

Cheryl Parsons is a registered nurse, long-term care administrator, facility owner and consultant with over 20 years of experience in the industry. In the last four years she has delivered presentations to over 3,000 participants in the Midwest on important issues to the long-term care industry. Her accomplishments in her own facility include four years of deficiency free surveys, excellent resident and family satisfaction surveys and a happy staff as indicated by a very low staff turn over. Parsons is an active member of the Missouri Board of Nursing Home Administrators where she was named Administrator of the Year in 2002.

**Bridget Morton, RN-BC**

As the coordinator of ElderLynk, Bridget provides care coordination services for older adults living independently, as well as long-term care psychiatric services in collaboration with Dr. Lovy. Bridget received a B.S. in Education from Truman State University in 1982 and her RN degree from Moberly Area Community College in 1994 and is a Certified Psychiatric and Mental Health Nurse.

**CONTINUING EDUCATION**

**NURSING**

The Northeast Missouri Area Health Education Center is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

4.5 contact hours available

**NURSING HOME ADMINISTRATORS**

The Missouri Area Health Education Centers are an approved issuer of nursing home administrator continuing education credits through the KCOM-AHEC Program Office. Credits for this program are under review by the Missouri Board of Nursing Home Administrators. **Continuing Education credits are pending.**

**T**he current case mix in long-term care facilities is becoming either more acute or more advanced in dementia related illnesses. Those numbers will not shrink for our future; they will in fact continue to grow. People are living longer and with advancing age come more likelihood of Alzheimer's disease and other dementia related illnesses. This workshop will focus on the development and implementation of a person-centered approach to dementia care, creating a cultural change that emphasizes valuing persons with dementia and those who care for them and treating them as unique individuals. Participants will begin to look at the world from the perspective of the person with dementia, recognizing that all human life is grounded in relationships and that people with dementia need an enriched social environment which both compensates for their impairment and fosters opportunities for personal growth.

**Program Objectives:**

At the conclusion of this program, participants will be able to :

1. Define person-centered care.
2. Describe four essential elements in person-centered dementia care.
3. Explain person-centered care = V+I+P+S.
4. Describe the medical institutional model of long-term care.
5. Describe the four steps of transforming a culture of change.
6. Put supportive social environments into practice.
7. Describe restraint free approaches to dementia care.



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**Registration due by September 22**

**Northeast Missouri Rural Health Network  
member agencies:**

Adair County Ambulance District  
Adair County Health Department  
Air Evac Lifeteam  
A.T. Still University/KCOM  
Chariton Valley Association for  
Handicapped Citizens  
Clark County Ambulance District  
Clark County Health Department  
Family Health Center at Marceline  
Heartland Physicians Corporation  
Hospice of Northeast Missouri  
Knox County Ambulance District  
Lewis County Ambulance District  
Lifeline Pregnancy Resource Center  
Linn County Ambulance District  
Linn County Health Department  
Loch Haven Nursing Home  
Macon County Health Department  
Mark Twain Behavioral Health  
North Central Missouri Mental Health Center  
Northeast Missouri Area Health Education Center  
Northeast Missouri Health Council  
Northeast Missouri Regional Arthritis Center  
Northeast Regional Medical Center  
Preferred Family Healthcare  
Putnam County Ambulance District  
Rural Advocates for Independent Living  
Schuyler County Ambulance District  
Scotland County Ambulance District  
Scotland County Memorial Hospital  
Sullivan County Memorial Hospital  
Tri-Rivers Planned Parenthood  
Truman State University Student Health Center  
Twin Pines Adult Care Center

**Program Registration Form**

*Pre-registration is required. Please fax or mail the  
completed registration to **NEMO AHEC** by  
**September 22***

Name(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail : \_\_\_\_\_

**THERE IS NO FEE FOR THIS PROGRAM**

**LUNCH WILL BE PROVIDED**

**Return form to:  
NEMO AHEC  
115 Rubey St.  
Macon, MO 63552**

**Phone: 660-385-6491  
Fax: 660-385-6493**

**Registration Deadline September 22**