

Summary of Putnam County

Demographic Information

- The greatest percentage (32.9%) of the 87 who responded were age 45-64. Females predominantly answered the survey with 70.7%.
- The ethnicity of the respondents from Putnam County was predominantly white, with 91.8% of respondents reporting such. Of the respondents 5% belonged to the Mennonite community.
- The majority of survey respondents have an education level of a high school diploma or higher, 37.6% with a high school diploma, 27.1% with some college, and 28.2% with a college degree or higher.
- The highest percentage (29.2%) of respondents' annual household income fell at \$10,000-\$25,000.

Health Concerns

Lifestyle Health Risks

- The top three lifestyle health risks indicated to be **important** by survey respondents were: adequate immunizations (85.9%), underage drinking (84.0%), and teenage pregnancy (84.8%).
- The top three lifestyle health risks indicated as **not important** by the majority of survey respondents were: child safety seat use with 65.4%, seatbelt use with 60.8%, and helmet use with 52.6%.
- The three highest lifestyle health risks recognized as **being adequately met** were: adequate immunization (66.2%), lack of exercise with 29.5%, and injury of elders in home with 27.8%.
- The three highest lifestyle health risks recorded as **not being adequately met** were: underage drinking with 56.8%, tobacco use with 51.9%, and teenage pregnancy with 42.8%.

Diseases

- The top three diseases indicated to be **important** by survey respondents were: heart disease with 91.6%, cancer with 88.9%, and high blood pressure with 83.1%.
- The respondents did not recognize any disease listed as being **not important**.

- The four diseases with the highest number of respondents indicating the problem as **being adequately met** were: cancer with 50.6%, high cholesterol with 50.6%, heart disease with 49.4%, and arthritis with 49.4%.
- The two diseases with the highest number of respondents indicating that the problem was **not being adequately met** were: depression with 28.4% and mental disorders with 24.7%.

Environmental Health

- The top three environmental health concerns listed as **important** by the highest percentage of respondents were: drinking water quality with 70%, community safety with 68.4%, and crime prevention with 63.0%.
- The top two environmental health concerns listed as **not important** by the highest percentage of respondents were: safe/adequate housing with 32.9%, and indoor air quality with 32.5%.
- Drinking water quality with 56.3%, trash disposal with 54.9%, and recycling with 48.1% were the top three environmental health concerns listed as **being adequately met** by the highest percentage of respondents.
- Indoor air quality with 39.5%, safe/ adequate housing with 33.8%, and recycling with 29.1% were the top three environmental health concerns listed as **not being adequately met** by the highest percentage of respondents.

Affordable Health Care

- Of the respondents, 46.3% believe that health insurance is not affordable, while 43.9% believe that medical care is not affordable.
- Dental care at 19.5% was the service with the highest percentage of respondents listing it as affordable.
- The highest percentage of respondents (34.2%) indicated that they didn't know if mental health care was affordable or not.

Local Health Care

- The highest percentage of respondents listed the county health department (30.8%) and private physicians (37.5%) as excellent.
- The local hospital (17.05%) received the highest percentage of respondents under the poor category.
- A large percentage of respondents had not used telehealth services (90.9%), or the county ambulance district (82.6%) in the last year.

Other Needs

- The top three services indicated by the highest percentage of respondents as being excellently met by health care providers in the area were: immunizations for children (40.8%), WIC (37.1%), and physical therapy (35.0%).
- The top four services indicated by the highest number of respondents as being poorly met by health care providers in the area were: newborn home visits (57.1%), nutrition counseling/education (54.2%), consumer insurance education programs (50.8%), and personal fitness/wellness programs (50.8%).
- Radiology (76.0%), respite/hospice (73.7%), and flu shots (71.1%) were the top three services indicated by the highest percentage of survey respondents that the county **needs**.
- Newborn home visits (62.7%), and nutrition counseling/education (49.3%) were the top two services indicated by the highest percentage of survey respondents that the county **does not need**.

Putnam County Data Results

Report for Putnam County Number of Respondents - 87 Response Rate – 34.94%

I. Demographic Information

A. Age of person responding to survey:

<i>Age</i>	<i>Number</i>	<i>Percent</i>
18-24	2	2.4
25-44	25	29.4
45-64	28	32.9
65-84	26	30.6
85+	4	4.7

B. Sex of person responding to survey:

<i>Sex</i>	<i>Number</i>	<i>Percent</i>
Male	22	29.3
Female	53	70.7

C. Number of people living in household of respondent: 203

	<i>Age 0-5</i>	<i>Age 6-17</i>	<i>Age 18-24</i>	<i>Age 25-44</i>	<i>Age 45-64</i>	<i>Age 65-84</i>	<i>Age 85+</i>
Female(s)	16	13	7	22	27	27	9
Male(s)	3	7	8	17	27	18	2

D. Type of health coverage of members of the household:

<i>Type of Health Coverage</i>	<i>Number</i>	<i>Percent</i>
		+
None	11	5.4
Private Insurance	26	12.8
Group Insurance	62	30.5
Medicare with supplement	24	11.8
Medicare without supplement	5	2.5
Medicaid	7	3.4
MC+	16	7.9

*Percentages were calculated using the total of individuals living in the household as the denominator (item C), regardless of whether the respondent left an entry blank or counted two types of health insurance for the same individual (item D).

E. Ethnicity of person responding to survey:

<i>Ethnicity</i>	<i>Number</i>	<i>Percent</i>
White	78	91.8
Black	1	1.2
American Indian or Alaskan Native	5	5.9
Asian	0	0
Hispanic or Latino	1	1.2
Native Hawaiian or other Pacific Islander	0	0
Other	0	0

F. Membership in cultural community:

<i>Cultural Community</i>	<i>Number</i>	<i>Percent</i>
Amish	0	0
Mennonite	5	14.3
Other	29	82.9

G. Education level of person responding:

<i>Education Level</i>	<i>Number</i>	<i>Percent</i>
Less Than High School	6	7.1
High School Diploma	32	37.6
Some College	23	27.1
College Degree or Higher	24	28.2

H. Annual household income level:

<i>Income Level</i>	<i>Number</i>	<i>Percent</i>
Under \$10,000	4	5.6
\$10,000-\$25,000	21	29.2
\$25,001-\$40,000	19	26.4
\$40,001-\$55,000	12	16.7
\$55,001-\$70,000	9	12.5
\$70,000+	7	9.7

II. Health Concerns: In your opinion, how important are the following health/safety issues in your community? Also, please indicate if you think adequate services are available.

A. Lifestyle Health Risks

	<i>Not Important</i>		<i>Somewhat Important</i>		<i>Important</i>		<i>Adequately being met?</i>					
							<i>Yes</i>		<i>No</i>		<i>Don't Know</i>	
	#	%	#	%	#	%	#	%	#	%	#	%
Abuse/neglect:												
a. Child	1	1.3	12	15.2	65	82.3	21	26.3	19	23.8	40	50.0
b. Spouse	2	2.6	17	22.4	56	73.7	18	23.7	10	13.2	47	61.8
c. Elder	1	1.3	13	16.9	62	80.5	13	17.3	14	18.7	47	62.7
Adequate immunization	1	1.3	9	11.5	67	85.9	51	66.2	9	11.7	16	20.8
Condom use	10	13.0	19	24.7	47	61.0	10	13.3	11	14.7	53	70.7
Injury of elders in home	4	5.0	21	26.3	54	67.5	22	27.8	8	10.1	48	60.8
Lack of exercise	2	2.6	23	29.9	51	66.2	23	29.5	29	37.2	26	33.3
Lead in homes	11	14.3	32	41.6	33	42.9	20	25.3	7	8.9	51	64.6
Obesity	20	25.3	7	8.9	51	64.6	2	2.5	18	22.8	58	73.4
Oral hygiene/care	23	28.4	31	38.3	27	33.3	4	5.1	24	30.4	50	63.3
Prenatal care	28	35.4	19	24.1	32	40.5	3	3.8	8	10.1	67	84.8
Safety-vehicular:	38											
a. Helmet use	41	52.6	15	19.2	22	28.2	4	4.9	10	12.3	66	81.5
b. Child safety seat use	53	65.4	12	14.8	15	18.5	6	7.4	12	14.8	62	76.5
c. Seatbelt use	48	60.8	15	19.0	16	20.3	2	2.7	17	22.7	55	73.3
School violence	26	35.1	14	18.9	34	45.9	2	2.5	17	21.3	61	76.3
Substance use:	7											
a. Binge drinking	13	15.9	42	51.2	27	32.9	5	6.3	13	16.5	61	77.2
b. Illegal drug use	20	24.7	42	51.9	19	23.5	3	3.7	10	12.3	68	84.0
c. Tobacco use	5	6.3	13	16.5	61	77.2	20	24.7	42	51.9	19	23.5
d. Underage drinking	3	3.7	10	12.3	68	84.0	11	13.6	46	56.8	24	29.6
Suicide	1	1.3	15	19.2	62	79.5	16	20.0	15	18.8	49	61.3
Teen pregnancy	1	1.3	22	28.4	67	84.8	13	16.3	35	42.8	32	40.0

II. Health Concerns (cont.): In your opinion, how important are the following health/safety issues in your community? Also, please indicate if you think adequate services are available.

B. Diseases

	<i>Not Important</i>		<i>Somewhat Important</i>		<i>Important</i>		<i>Adequately being met?</i>					
							<i>Yes</i>		<i>No</i>		<i>Don't Know</i>	
	#	%	#	%	#	%	#	%	#	%	#	%
Alzheimer's disease	1	1.2	17	20.7	64	78.0	28	35.0	19	23.8	33	41.3
Arthritis	1	1.2	29	34.9	53	63.9	40	49.4	15	18.5	26	32.1
Asthma	0	0	28	34.1	54	65.9	34	42.5	11	13.8	35	43.8
Cancer	0	0	9	11.1	72	88.9	40	50.6	17	21.5	22	27.8
Dental problems	3	3.7	19	23.2	60	73.2	36	45.0	15	18.8	29	36.3
Depression	2	2.4	22	26.8	58	70.7	19	23.5	23	28.4	39	48.1
Hearing loss	1	1.3	33	41.8	45	57.0	28	34.6	16	19.8	37	45.7
Heart disease	0	0	7	8.4	76	91.6	40	49.4	15	18.5	26	32.1
High blood pressure	0	0	14	16.9	69	83.1	47	58.0	13	16.0	21	25.9
High cholesterol	1	1.2	17	21.0	63	77.8	41	50.6	13	16.0	27	33.3
HIV/AIDS	3	3.8	14	17.9	61	78.2	21	25.9	14	17.3	46	56.8
Influenza	2	2.5	21	26.6	56	70.9	43	53.1	15	18.5	23	28.4
Lung disease	2	2.4	18	22.0	62	75.6	23	28.8	11	13.8	46	57.5
Mental disorders	2	2.5	19	23.5	60	74.1	18	22.2	20	24.7	43	53.1
Osteoporosis	1	1.2	25	30.5	56	68.3	29	35.8	13	16.0	39	48.1
Pneumonia	2	2.5	17	21.0	62	76.5	37	45.7	10	12.3	34	42.0
Pulmonary disease (COPD)	1	1.2	24	29.3	57	69.5	22	27.8	12	15.2	45	57.0
Vision loss	3	3.8	15	18.8	62	77.5	31	38.8	16	20.0	33	41.3
Other	2	6.9	3	10.3	24	82.8	7	20.6	9	26.5	18	52.9

II. Health Concerns (cont.): How important are services on the following issues in your community? Also, please indicate if you think adequate services are available.

C. Environmental Health

	<i>Not Important</i>		<i>Somewhat Important</i>		<i>Important</i>		<i>Adequately being met?</i>					
							<i>Yes</i>		<i>No</i>		<i>Don't know</i>	
	#	%	#	%	#	%	#	%	#	%	#	%
Bioterrorism	10	13.3	34	45.3	31	41.3	15	19.0	20	25.3	44	55.7
Community safety	5	6.6	19	25.0	52	68.4	32	42.1	11	14.5	33	43.4
Crime prevention	3	3.9	11	14.3	63	81.8	36	44.4	19	23.5	26	32.1
Domestic animal control	10	12.8	36	46.2	32	41.0	34	43.0	22	27.8	23	29.1
Drinking water quality	1	1.3	6	7.8	70	90.9	45	56.3	14	17.5	21	26.3
Hazardous materials handling	5	6.5	25	32.5	47	61	24	30.8	7	9.0	47	60.3
Housing safe and adequate	26	32.9	13	16.5	40	50.6	5	6.5	26	33.8	46	59.7
Indoor air quality	26	32.5	12	15.0	42	52.5	10	13.2	30	39.5	36	47.4
Lead poisoning inspection	10	13.2	30	39.5	36	47.4	19	24.4	11	14.1	48	61.5
Onsite sewage inspection	9	12.0	26	34.7	40	53.3	19	23.8	14	17.5	47	58.8
Outdoor air quality	5	6.7	23	30.7	47	62.7	26	33.8	14	18.2	37	48.1
Pest control (insects, rats)	6	7.9	28	36.8	42	55.3	26	32.5	14	17.5	40	50.0
Recreational water quality	6	7.8	35	45.5	36	46.8	35	43.8	7	8.8	38	47.5
Recycling	6	7.7	26	33.3	46	59.0	38	48.1	23	29.1	18	22.8
Restaurant inspection	2	2.6	20	26.3	54	71.1	14	17.3	20	24.7	47	58.0
Trash disposal	4	5.3	14	18.4	58	76.3	45	54.9	17	20.7	20	24.4
Workplace safety/health	5	6.5	17	22.1	55	71.4	32	41.0	14	17.9	32	41.0
Other	3	11.1	7	25.9	17	63.0	7	25.9	5	18.5	14	51.9

III. Affordable Health Care: In your opinion, how affordable are the following services in your community?

	<i>Not affordable</i>		<i>Somewhat affordable</i>		<i>Affordable</i>		<i>Don't Know</i>	
	#	%	#	%	#	%	#	%
Dental care	25	30.5	34	41.5	16	19.5	7	8.5
Health insurance	38	46.3	35	42.7	7	8.5	2	2.4
Medical care	36	43.9	31	37.8	12	14.6	3	3.7
Mental health care	26	32.9	26	32.9	0	0	27	34.2
Prescription drugs	40	50.0	27	33.8	12	15.0	1	1.3
Preventative screenings	21	26.9	33	42.3	9	11.5	15	19.2
Urgent or emergency care	31	39.2	30	38.0	11	13.9	10	12.7
Vision	20	25.3	38	48.1	11	13.9	10	12.7

IV. Local Health Care: How would you rate the services offered by the following health providers in your area? Also, indicate if you have received services from these providers during the last year.

	<i>Poor</i>		<i>Adequate</i>		<i>Excellent</i>		<i>Don't Know</i>		<i>Used in last year?</i>			
									<i>Yes</i>		<i>No</i>	
	#	%	#	%	#	%	#	%	#	%	#	%
County Ambulance District	3	3.8	34	42.5	20	25	23	28.8	11	15.9	57	82.6
County Health Department	6	7.7	31	39.7	24	30.8	17	21.8	31	46.3	36	53.7
Community Health Clinic (other than Health Dept.)	4	5.3	28	37.3	7	9.3	36	48	19	30.6	43	69.4
Private Physician	9	11.3	35	43.8	30	37.5	6	7.5	57	82.6	12	17.4
Local Hospital	17	21.8	41	52.6	13	16.7	7	9	30	49.2	31	50.8
Telehealth Services	5	7.2	11	15.9	2	2.9	51	73.9	4	9.1	40	90.9

If you have NOT used the above services, please check ALL the reasons that apply:

	#	%
Not physically accessible	0	0
Have no means to pay for these services	5	5.7
These do not provide the services my family needs	10	11.5
Went to a larger city with more medical resources	18	20.7
Did not know these services were provided in my area	7	8.0
Medical provider did not speak my language	6	6.9
Open hours not convenient	3	3.4
Have no transportation	5	5.7
Other	0	0

V. Other Needs: How well are the following services being met by the health providers in your area? Do you think these services should be available in your county?

	<i>Poor</i>		<i>Adequate</i>		<i>Excellent</i>		<i>County Needs?</i>					
							<i>Yes</i>		<i>No</i>		<i>Don't Know</i>	
	#	%	#	%	#	%	#	%	#	%	#	%
Cardiac rehabilitation	16	22.2	42	58.3	14	19.4	49	63.6	11	14.3	17	22.1
Cancer screenings:												
a. Colon	22	32.4	38	55.9	8	11.8	51	66.2	11	14.3	14	18.2
b. Prostate	20	29.9	38	56.7	9	13.4	47	61.0	14	18.2	16	20.8
c. Skin	21	30.9	38	55.9	9	13.2	49	66.2	8	10.8	17	23.0
Chronic disease support groups	20	33.9	33	55.9	6	10.2	36	48.0	13	17.3	26	34.7
Communicable disease control	17	26.2	44	67.7	4	6.2	43	58.1	10	13.5	21	28.4
Community health education	13	19.7	47	71.2	6	9.1	45	59.2	10	13.2	21	27.6
Daycare facility inspection	12	20.3	38	64.4	9	15.3	42	56.8	9	12.2	23	31.1
Family planning	16	27.1	33	55.9	10	16.9	37	50.7	11	15.1	25	34.2
Flu shots	22	29.3	32	42.7	21	28.0	54	71.1	14	18.4	8	10.5
Home visits for the elderly	23	33.8	31	45.6	14	20.6	51	68.0	10	13.3	14	18.7
Immunizations for adults	16	22.5	41	57.7	14	19.7	50	68.5	10	13.7	13	17.8
Immunizations for children	6	8.5	36	50.7	29	40.8	52	70.3	8	10.8	14	18.9
Investigating public health complaints	17	30.4	35	62.5	4	7.1	38	52.1	7	9.6	28	38.4
Issuing birth and death certificates	11	17.2	32	50.0	21	32.8	44	61.1	8	11.1	20	27.8
Lab services	14	18.9	45	60.8	15	20.3	53	73.6	8	11.1	11	15.3
Newborn home visits	40	57.1	6	8.6	24	34.3	16	23.9	42	62.7	9	13.4
Nutrition counseling/education	39	54.2	10	13.9	23	31.9	11	15.1	36	49.3	26	35.6
Physical therapy	11	15.1	36	49.3	26	35.6	52	69.3	10	13.3	13	17.3
Programs												
a. Consumer insurance education	33	50.8	26	40.0	5	7.7	41	56.2	8	11.0	24	32.9
b. Personal fitness/wellness	22	32.4	31	45.6	15	22.1	55	69.6	10	12.7	14	17.7
c. Respite/hospice	10	14.1	36	50.7	25	35.2	56	73.7	7	9.2	13	17.1
d. Support groups	21	32.3	32	49.2	12	18.5	48	64.0	7	9.3	20	26.7
Public health policy development	23	39.0	30	50.8	6	10.2	36	50.0	7	9.7	29	40.3
Radiology (X-ray)	15	21.1	42	59.2	14	19.7	57	76	6	8	12	16
Respiratory therapy	15	23.4	36	56.3	13	20.3	46	63.0	9	12.3	18	24.7
School health services	17	25.0	38	55.9	13	19.1	44	59.5	12	16.2	18	24.3
Screenings												
a. Blood pressure	14	19.7	35	49.3	22	31.0	55	72.4	8	10.5	13	17.1
b. Bone density	16	23.9	36	53.7	15	22.4	49	67.1	8	11.0	16	21.9
c. Cholesterol	18	24.7	38	52.1	17	23.3	54	71.1	8	10.5	14	18.4
d. Diabetic testing	17	23.9	36	50.7	18	25.4	50	69.4	7	9.7	15	20.8
STD testing/treatment	18	31.6	28	49.1	11	19.3	37	52.9	7	10.0	26	37.1
Women's health services												
a. Mammograms	21	30.0	29	41.4	20	28.6	49	63.6	11	14.3	17	22.1
b. Pap smear	25	35.7	26	37.1	19	27.1	50	67.6	9	12.2	15	20.3
c. Pregnancy testing	18	26.1	28	40.6	23	33.3	49	66.2	9	12.2	16	21.6
d. WIC	13	18.6	31	44.3	26	37.1	46	63.0	9	12.3	18	24.7